

	ALD IS	
Lunch Spe	cial:	
Choice of one	e rice, one proteir	and one side
	Rice:	
White Rice		Pigeon Pea Rice
	Protein:	
Baked Chicken Quarter	•	Stew Chicken
Baked Pork Ribs		Stewed Beef
Pulled Pork		Stewed Pork
	Sides:	
Sweet Plantains		
Steamed Vegetables		
Chicken Noodle Soup:	16oz	32oz
Potatoes, Carrots, Squash, C	Corn, Noodles, Ca	ssava, Chicken, in Broth
Cuban Sandwich:		
Ham, pulled pork, swiss chee bread	ese, pickles, must	ard on mojito toasted Cuban
Shredded Pork Sandwich:		
Pulled pork and swiss on toa	sted Cuban Brea	d
Ham and Swiss:		
Ham and swiss sandwich on	Toasted Cuban E	Bread
Natural Juices:	16oz	32oz

Mango

Guava

Passion Fruit